There is no glory in practice, but without practice there is no glory.... - Unknown

Samurritt foundation	Dance Music
Practice Log	Level:
Name:	Month:

Mınımum requirements: Beginner - 15 min/day; Intermediate - 30min/day; Advanced - 45min/day

Days of the week	Monday	Tuesday	Wednesday	Thursday	Friday	Comment	Parent Initials	Teacher Initials
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								

Please attend classes regularly. The teacher will sign the log only if you have shown improvement since your previous class! Happy Practicing! ©

If you meet or exceed the practice time requirements AND show improvement at the end of the month, turn in the log to your teacher to earn a star or a treat of your choice!!!

Total Time:	